

Finding meaningful employment gives most of us confidence, a feeling of empowerment and independence. This is no different for adults with autism. However, the thought of finding and maintaining employment for an individual with autism may seem daunting. But, such opportunities can be created, as can the supports needed to capitalize on those opportunities.

The bakery unit of Action for Autism (AFA) is one such endeavour to provide employment to young adults with autism. The bakery unit is a sheltered workplace, where an adult with autism, who may find it difficult to work in the open employment, as is the case with the majority of adults with autism, can find a suitable employment opportunity.

The AFA bakery unit provides individualised trainings based on strengths, abilities and interests of young adults for making a variety of bakery products like cakes, cookies, baked savouries etc. in a sheltered environment.

The unit also offers a range of allied tasks suited to other work skills, including measuring, counting out items, packaging, sealing, labelling, maintaining inventory, ordering for raw materials, listing, collecting and receiving and delivering orders and so on. The young adults also receive training on operating machinery with safety.

Hygiene and quality standards are maintained strictly at the AFA bakery and all the staff, including the youngsters with autism adhere to the same.

Some of the items/products that the young adults prepare are listed below. If you would like to place orders, please contact us.

Praise for products from the AFA bakery

We had ordered kebab buns and stuffed kulchas from the AFA bakery and the products were amazingly good and absolutely delicious.

Our guests appreciated the same a lot. Keep up the good work. We definitely intend make it a regular affair to order from the AFA bakery from now onwards.

*Anurag Gupta
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